



Task Title: Exploring Your Personality

OALCF Cover Sheet – Learner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes No

Goal Path: Employment Apprenticeship

Secondary School Post Secondary Independence

Task Description: This task introduces three online quizzes that can help assess thinking styles, learning styles and workplace values.

Main Competency/Task Group/Level Indicator

- Communicate Ideas and Information/Write continuous text/B2.1
- Use Digital Technology/D.2

Materials Required:

- Pen/pencil and paper
- Computer or digital device

Learner Information

It can be difficult to decide which jobs you are interested in. These three quizzes will help you explore the way you think, the way you learn, and what you value. You can take one quiz or all three. Each quiz takes approximately 10 minutes to complete.

Work Sheet

Task 1: Go to “Career quizzes and tests” page on the Job Bank of Canada: <https://www.jobbank.gc.ca/career-planning/quizzes#careerQuiz>

Begin with the “Multiple intelligences” quiz under the title “Explore your personality”. This quiz helps you understand the types of intelligence you use the most and the types of jobs that would suit you. When you have completed the quiz, you will be given your results. Based on your quiz results, which types of intelligence are your strengths?

Answer:

Task 2: Write one thing you learned about yourself or something you found surprising about these results.

Answer:

Task 3: Based on your quiz results, there is a list of occupations matching your interests. List two or three occupations on this list that you might like to learn more about.

Answer:

Task 4: Return to the “Career quizzes and tests” page and complete the “Learning Style” quiz. This quiz helps you assess how you learn best and explore careers related to these learning styles. Based on your quiz results, what is your top learning style?

Answer:

Task 5: Write one thing you learned about yourself or something you found surprising about these results.

Answer:

Task 6: Based on your quiz results, there is a list of occupations matching your learning style. List two or three occupations on this list that you might like to learn more about.

Answer:

Task 7: Return to the “Career quizzes and tests” page and complete the “Work values” quiz. This quiz helps you assess the values that are important to you in your work environment. For example, you may be motivated by certain things more than others. Based on your quiz results, what are your work values?

Answer:

Task 8: Based on your quiz responses, there is a list of occupations matching your work values. List two or three occupations on this list that you might like to learn more about.

Answer:

Task 9: If you completed all three quizzes, list any occupations that you found on all three lists. These may be occupations you wish to research as you explore career options.

Answer:
