



Task Title: Properly Using PPE

OALCF Cover Sheet – Learner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes No

Goal Path: Employment Apprenticeship

Secondary School Post Secondary Independence

Task Description: The learner will interpret PPE guidelines in a Public Health Ontario infographic.

Main Competency/Task Group/Level Indicator:

- Find and Use Information/Interpret documents/A2.1

Materials Required:

- Pen/pencil and paper and/or digital device

Task Title: ProperlyUsingPPE_E_A2.1

Learner Information

In many healthcare jobs, employees are required to use Personal Protective Equipment (PPE). Learning how to properly use PPE ensures the safety of both worker and patients.

Scan “Public Health Ontario PPE Guidelines”.

Public Health Ontario PPE Guidelines


How to:
Perform Hand Hygiene Using Soap and Water

Public Health Ontario | Santé publique Ontario


If hands are visibly soiled:

- 

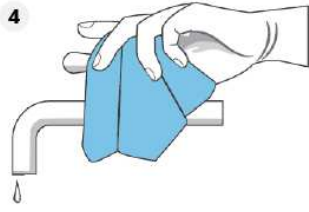
1

Wet hands with warm water and apply soap.
- 

2

Clean all surfaces, palms, backs of each hand, fingertips, between fingers, and bases of thumbs for at least 15 seconds.
- 

3

Rinse hands with water and pat dry with a paper towel.
- 

4

Turn off the tap using a paper towel.


For more information, contact Public Health Ontario's Infection Prevention and Control Team at ipac@ohpp.ca or visit www.publichealthontario.ca.

Ontario


How to:
Perform Hand Hygiene Using Alcohol-Based Hand Rub (ABHR)

Public Health Ontario | Santé publique Ontario


If hands are not visibly soiled:

- 


1

Apply 1-2 full pumps of product onto one palm.
- 

2

Spread the product over all surfaces of hands.
- 

3

Rub palms, backs of each hand, fingertips, between fingers, and bases of thumbs for at least 15 seconds.
- 

4








Rub hands until the product is dry.

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Ontario

How to:
Put On Personal Protective Equipment (PPE)

Public Health Ontario | Santé publique Ontario

- 1 Perform Hand Hygiene**
Use alcohol-based hand rub, or soap and water if hands are visibly soiled.

- 2 Put on Gown**
Tie at neck and waist.

- 3 Put on Mask / N95 Respirator**

Secure ties, loops or straps and mould metal piece over nose.

Perform a seal check for N95 respirators.
- 4 Put on Protective Eyewear**

Place eye protection over face and eyes and adjust to fit.

- 5 Put on Gloves**
Pull glove over the cuff of the gown.




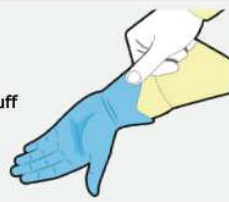
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Ontario 


How to:
Put On Personal Protective Equipment (PPE)

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Contact Precautions

- 1 Perform Hand Hygiene**
Use alcohol-based hand rub, or soap and water if hands are visibly soiled.

- 2 Put on Gown**
Tie at neck and waist.

- 3 Put on Gloves**
Pull glove over the cuff of the gown.


For more information, please contact Public Health Ontario's Infection Prevention and Control Team at ipac@ohpp.ca or visit www.publichealthontario.ca.

Ontario 

Work Sheet

Task 1: When should someone use soap and water instead of alcohol-based hand rub for hand hygiene.

Answer:

Task 2: How long should someone use alcohol-based hand rub if hands are not visibly soiled?

Answer:

Task 3: In what order should the following tasks be completed?

Put on Protective Eyewear, Put on Gloves, Perform Hand Hygiene, Put on Mask/N95 Respirator, Put on Gown

Answer:

Task 4: How could you find out more information about PPE and Infection Control?

Answer:
