



**Task Title: Workplace Sick Notes**

OALCF Cover Sheet – Learner Copy

**Learner Name:** \_\_\_\_\_

**Date Started:** \_\_\_\_\_

**Date Completed:** \_\_\_\_\_

**Successful Completion:** Yes  No

**Goal Path:** Employment  Apprenticeship

Secondary School  Post Secondary  Independence

**Task Description:** The learner will read an article about sick day note policies and answer questions to explain their opinion on this topic.

**Main Competency/Task Group/Level Indicator:**

- Find and Use Information/Read continuous text/A1.3
- Communicate Ideas and Information/Write continuous text/B2.3

**Materials Required:**

- Pen/pencil and paper
- Computer or digital device

## Learner Information

Many workplaces in Ontario require sick notes for short-term illnesses. This topic has been discussed frequently since the COVID-19 pandemic. Many employees, employers, and medical professionals are asking for requirements around sick notes to be reevaluated.

Copy and paste the following address into the web browser of the computer. Read "Is it Time to Ditch Sick Note Requirements?":

<https://www.cbc.ca/radio/whitecoat/the-high-cost-of-sick-notes-1.7093843>

## Work Sheet

**Task 1: What is your opinion on workplaces that require employees to submit sick notes after they are off sick? Write a paragraph to explain. The paragraph should be at least five sentences long. Include at least two points from the article "Is it Time to Ditch Sick Note Requirements?" to back up your position.**

Answer:

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**Task 2: Should there be different rules about sick notes for different employee groups? Write a paragraph to explain your opinion on this, using the employee group examples listed below, or your own examples. The paragraph should be at least five sentences long.**

**Employee Groups**

- **childcare or healthcare workers**
- **employees working in close proximity to others**
- **employees working with the public**
- **part-time workers**
- **managers**
- **employees with young children**

Answer:

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**Task 3: Write a paragraph to explain how you believe sick note policies should be determined in Ontario. What requirements or policies do you believe should be put in place and why? The paragraph should be at least five sentences long.**

Answer:

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