



Task Title: Self Assessment to Manage Learning

OALCF Cover Sheet – Practitioner Copy

Learner Name: _____

Date Started: _____

Date Completed: _____

Successful Completion: Yes No

Goal Path: Employment Apprenticeship

Secondary School Post Secondary Independence

Task Description: The learner will complete a self-assessment and identify possible areas of improvement.

Main Competency/Task Group/Level Indicator:

- Manage Learning/E.1

Materials Required:

- Pen/pencil and paper or computer or digital device

Task Title: SelfAssessmentToManageLearning_EASPI_E.1

Learner Information

It is often helpful to do a self-assessment of learning progress. This can help identify successes and areas of improvement.

Scan the "Self-Assessment Checklist".

Self-Assessment Checklist

Learning Descriptors	Self-Assessment		
I demonstrate a positive attitude to learning	I never or rarely do this	I usually do this	I always do this
I accept positive feedback	I never or rarely do this	I usually do this	I always do this
I accept constructive criticism	I never or rarely do this	I usually do this	I always do this
I recognize when I don't know something	I never or rarely do this	I usually do this	I always do this
I accept new learning challenges	I never or rarely do this	I usually do this	I always do this
I am willing to work independently	I never or rarely do this	I usually do this	I always do this
I take responsibility for learning	I never or rarely do this	I usually do this	I always do this
I take risks in learning situations	I never or rarely do this	I usually do this	I always do this
I take initiative	I never or rarely do this	I usually do this	I always do this
I manage my time effectively	I never or rarely do this	I usually do this	I always do this
I meet deadlines	I never or rarely do this	I usually do this	I always do this
I complete tasks and activities in a logical order	I never or rarely do this	I usually do this	I always do this
I attend class regularly	I never or rarely do this	I usually do this	I always do this
I arrive to class on time	I never or rarely do this	I usually do this	I always do this
I check the accuracy of my work	I never or rarely do this	I usually do this	I always do this

Work Sheet

Task 1: For each Learning Descriptor on the self-assessment checklist, circle, highlight or underline your choice of:

- **I never or rarely do this**
- **I usually do this**
- **I always do this**

Answer: No written response required here.

Task completed: Yes:

Task 2: List three learning descriptors you would like to work on.

Answer:

Task 3: Discuss the learning descriptors you identified in Task 2 with your instructor. List any strategies you or your instructor have to improve these learning areas.

Answer: