



### OALCF Task Cover Sheet

**Task Title:** Dream Journal and Letter

<b>Learner Name:</b>	
<b>Date Started:</b>	<b>Date Completed:</b>
<b>Successful Completion:</b> Yes___ No___	
<b>Goal Path:</b> Employment___ Apprenticeship___ Secondary School___ Post Secondary ___ Independence ✓	
<b>Task Description:</b> The learner will keep a dream journal for a week and will then write a letter (or e-mail, optional) to a friend describing their most vivid dream.	
<b>Competency:</b> B: Communicate Ideas and Information D: Use Digital Technology	<b>Task Group(s):</b> B2: Write continuous text B3: Complete and create documents D: N/A
<b>Level Indicators:</b> B2.2: Write texts to explain and describe information and ideas B3.1a: Make straightforward entries to complete very simple documents D2: Perform well-defined, multi-step digital tasks	
<b>Performance Descriptors:</b> see chart on last page	
<b>Materials Required:</b> <ul style="list-style-type: none"><li>• Task sheet and Dream Journal chart</li><li>• Writing paper</li><li>• Pen or pencil</li><li>• Access to the Internet (optional)</li></ul>	



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**Practitioner Notes:**

This activity will engage the learner outside of the traditional classroom setting, thereby reinforcing an authentic connection between the provided task and everyday life.

Prior to presenting this task set, go over the following with the learners:

A dream is loosely defined as “a succession of images, thoughts, or emotions passing through the mind during sleep”. The best way to remember your dreams is to keep paper and a pencil near your bed and write about the dream immediately after you wake. Some things to make note of are:

- Who was in my dream?
- What events happened in my dream? Were they related events or separate?
- When did my dream events happen?
- Where was I in the dream?
- What sights, smells, tastes, feelings were present in my dream?



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Keeping track of your dreams can be an interesting form of self-discovery. Look at the Dream Journal chart. Note: Though everyone dreams, some people are unable to remember dreams at all. If you do not remember dreams, ask for a different task.

**Learner Information and Tasks:**

**Task 1:** Fill in the Dream Journal chart for the next five days.

**Task 2:** Write a letter (or send an e-mail) to your friend describing one of the dreams you had.



## Dream Journal Chart

<b>Day 1 Dream Notes</b>
<b>Day 2 Dream Notes</b>
<b>Day 3 Dream Notes</b>



Task prepared for the project “Using Technology to Facilitate Connections between Literacy and the Broader Community” (2014)



**Day 4 Dream Notes**

**Day 5 Dream Notes**

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Performance Descriptors		Needs Work	Completes task with support from practitioner	Completes task independently
B2.2	<ul style="list-style-type: none"> <li>writes texts to explain and describe</li> </ul>			
	<ul style="list-style-type: none"> <li>conveys intended meaning on familiar topics for a limited range of purposes and audiences</li> </ul>			
	<ul style="list-style-type: none"> <li>begins to sequence writing with some attention to organizing principles (e.g. time, importance)</li> </ul>			
	<ul style="list-style-type: none"> <li>uses limited range of vocabulary and punctuation appropriate to the task</li> </ul>			
	<ul style="list-style-type: none"> <li>begins to select words and tone appropriate to the task</li> </ul>			
	<ul style="list-style-type: none"> <li>begins to organize writing to communicate effectively</li> </ul>			
B3.1a	<ul style="list-style-type: none"> <li>makes a direct match between what is requested and what is entered</li> </ul>			
	<ul style="list-style-type: none"> <li>makes entries using familiar vocabulary</li> </ul>			
D.2	<ul style="list-style-type: none"> <li>selects and follows appropriate steps to complete tasks</li> </ul>			
	<ul style="list-style-type: none"> <li>locates and recognizes functions and commands</li> </ul>			

**This task:** was successfully completed \_\_\_\_ needs to be tried again \_\_\_\_

