



**Task Title: First Aid Training Options**

OALCF Cover Sheet – Practitioner Copy

**Learner Name:** \_\_\_\_\_

**Date Started:** \_\_\_\_\_

**Date Completed:** \_\_\_\_\_

**Successful Completion:** Yes  No

**Goal Path:** Employment  Apprenticeship

Secondary School  Post Secondary  Independence

**Task Description:** The learner will explore First Aid and CPR training options that are offered by WSIB approved providers in Ontario.

**Main Competency/Task Group/Level Indicator:**

- Use Digital Technology/D.2
- Find and Use Information/A1.2

**Materials Required:**

- Pen/pencil and paper
- Computer or digital device

Task Title: FirstAidTrainingOptions\_E\_A1.2\_D.2

## Learner Information

Many jobs, such as those in healthcare or childcare, require First Aid certification. It is important to choose a First Aid training provider that is recognized and certified in Ontario.

Scan the website page: <https://www.wsib.ca/en/providers-approved-deliver-emergency-and-standard-first-aid>

## Work Sheet

**Task 1: List five providers that are based in Toronto.**

Answer:

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**Scan the website:** <https://linktolifeseminars.com>

**Task 2: How long has Link to Life Seminars been offering First-Aid courses?**

Answer:

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**Task 3: List three types of CPR courses offered by this organization.**

Answer:

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**Scan the website page:** <https://linktolifeseminars.com/adult-aed-cpr/>

**Task 4: How long is the Adult CPR A course?**

Answer:

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**Task 5: What email address would you use to contact the organization to book this course?**

Answer:

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## Answers

### **Task 1 List five providers that are based in Toronto.**

Answers will vary. As of January 2025, providers listed in Toronto include: Canadian Ski Patrol System, Certified Emergency Response Training, Heart and Stroke Foundation of Canada, Heaven Can Wait Emergency First Aid Inc., Lifesaving Society, Lifetech Canada, Link to Life Seminars Inc., St. John's Ambulance, Toronto Paramedic Services Safe City Program.

### **Task 2: How long has Link to Life Seminars been offering First-Aid courses?**

Answer: Over 4 decades

### **Task 3: List three types of CPR courses offered by this organization.**

Answer: Any 3 of the following:

- Workplace First Aid/CPR Blended
- Adult CPR
- Workplace First Aid/CPR Non-Blended
- Child CPR
- Healthcare BCLS CPR/AED Training
- CPR/AED Sales and Training

### **Task 4: How long is the Adult CPR A course?**

Answer: 3 hours

### **Task 5: What email address would you use to contact the organization to book this course?**

Answer: hindy@linktolifeseminars.com

### Performance Descriptors

Levels	Performance Descriptors	Needs Work	Completes task with support from practitioner	Completes task independently
A1.2	Scans text to locate information			
	Locates multiple pieces of information in simple texts			
D.2	selects and follows appropriate steps to complete tasks			
	locates and recognizes functions and commands			
	makes low-level inferences to interpret icons and text			
	begins to identify sources and evaluate information			

This task: Was successfully completed  Needs to be tried again

Task Title: FirstAidTrainingOptions\_E\_A1.2\_D.2

Learner Comments:

Instructor (print):

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Learner (print):

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