



Practitioner submitted task: Prepared for the Project, Teaching to Fish (Build Tasks) Integrating OALCF Task Development within Ontario's Literacy Programs (2014)

OALCF Task Cover Sheet

Task Title: Medicine Label

Learner Name:	
Date Started:	Date Completed:
Successful Completion: Yes ___ No ___	
Goal Path: Employment <input checked="" type="checkbox"/> Apprenticeship ___ Secondary School ___ Post Secondary ___ Independence <input checked="" type="checkbox"/>	
Task Description: Read a detailed medicine label ¹ to interpret directions and correct dosage as a nanny, babysitter or Personal Support Worker.	
Competency: A: Find and Use Information C: Understand and Use Numbers	Task Group(s): A2: Interpret Documents C2: Manage Time C3: Use Measures
Level Indicators: A2.2: Interpret simple documents to locate and connect information C2.1: Measure time and make simple calculations C3.1: Measure and make simple comparisons and calculations	
Performance Descriptors:	
Materials Required: <ul style="list-style-type: none">• Medicine Label Document• Pencil• Scrap paper for calculations	

¹ SkillPlan, "TOWES Measure Up: Cough Medicine", <http://measureup.towes.com/pdfs/NOC-6474-AS2-T1-3.pdf>.



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Pharmacists and pharmacy assistants need to accurately prescribe and recommend medications to ensure the safety of their clients. Look at the "Cough Medicine Problem" document.

Learner Information and Tasks:

- Task 1:** Why would you give this medicine to someone with a congested chest?
- Task 2:** How much is the difference between doses for a 2 year old and an adult taking this medicine?
- Task 3:** What are 3 symptoms which may require the consumer to see a doctor?
- Task 4:** In what temperature range should this product be stored?
- Task 5:** What is the maximum dosage allowed for a 5 year old over the course of 24 hours?
- Task 6:** What is one of the symptoms that this medicine can't treat?
- Task 7:** If you give a 7 year old medicine at 10:30 am, what is the earliest time you can give them another dose?



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Answer Key

Task 1: helps clear chest congestion

Task 2: The two year old should only take a $\frac{1}{2}$ teaspoon (2.5mL) to every adult's 2 teaspoons 10mL – 1 $\frac{1}{2}$ teaspoons (7.5mL) difference between a two year old and an adult

Task 3: If symptoms persist for than a week or tend to recur or are accompanied by a high fever, rash or persistent headache

Task 4: Between 15° C and 30° C

Task 5: Two teaspoons a day or four doses or $\frac{2}{3}$ tablespoons or 7.5mL

Task 6: Any one of the following: chronic cough, chronic lung disease, asthma, shortness of breath

Task 7: 4:30pm

Cough Medicine Problem NOC 6474 Babysitters, Nannies and Parents' Helpers

Robitussin[®] Robitussin[®]

DM COUGH RELIEF

EXPECTORANT · ANTITUSSIVE

- Calms coughing up to 8 hours
- Loosens chest congestion



DIII 01331024

250 mL



WHITEHALL-ROBINS

ROBITUSSIN DM

Recommended by doctors and pharmacists, Robitussin DM calms the urge to cough for up to 8 hours - so you can be more comfortable throughout the day and sleep through the night. Robitussin DM also loosens chest coughs and helps clear chest congestion.

Dosage: To be taken as follows every 6-8 hours or as directed by a physician. Maximum 4 doses/day.

AGE	DOSE
Under 2 years	Consult physician
2 - under 6 years	1/2 tsp (2.5 mL)
6 - under 12 years	1 tsp (5 mL)
Adults (12 years & over)	2 tsp (10 mL)

Medicinal Ingredients: Each 5 mL contains:

Guaifenesin 100 mg, Dextromethorphan HBr 15 mg.

Non-medicinal ingredients: alcohol, citric acid, FD&C Red No. 40, FD&C Yellow No. 6, flavours, glycerin, invert sugar, sodium benzoate, water.

CAUTION: Do not exceed recommended dosage. A persistent cough may be a sign of a serious condition. If symptoms persist for more than a week or tend to recur, or are accompanied by a high fever, rash or persistent headache, consult a physician. Do not use for chronic cough, chronic lung disease, asthma, shortness of breath, or if you are taking a prescription drug for depression, or as with all drugs if you are pregnant or nursing, unless directed by a physician. **Keep this and all drugs out of the reach of children.** Do not take this product if you are hypersensitive to any of the ingredients. Store at room temperature (15° - 30° C).

WHITEHALL-ROBINS INC., MISSISSAUGA, ONTARIO L4Z 3M6

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Performance Descriptors		Needs Work	Completes task with support from practitioner	Completes task independently
A2.2	<ul style="list-style-type: none"> extracts information from tables and forms 			
	<ul style="list-style-type: none"> uses layout to locate information 			
	<ul style="list-style-type: none"> makes connections between parts of documents 			
	<ul style="list-style-type: none"> makes low-level inferences 			
	<ul style="list-style-type: none"> performs limited searches using one or two search criteria 			
C2.1	<ul style="list-style-type: none"> adds, subtracts, multiplies, and divides whole number and decimals 			
	<ul style="list-style-type: none"> recognizes values in number and word format 			
	<ul style="list-style-type: none"> interprets and represents time using whole numbers, decimals (e.g. .25, .5) and simple common fractions (e.g. $\frac{1}{2}$, $\frac{1}{4}$ hour) 			
	<ul style="list-style-type: none"> identifies and performs required operation 			
C3.1	<ul style="list-style-type: none"> adds and subtracts whole number measurements 			
	<ul style="list-style-type: none"> measures liquid volume 			
	<ul style="list-style-type: none"> interprets and represents measures using whole numbers, decimals and simple, common fractions (e.g. $\frac{1}{2}$, $\frac{1}{4}$) 			
	<ul style="list-style-type: none"> interprets and represents measures using symbols and abbreviations 			
	<ul style="list-style-type: none"> follows apparent steps to reach solutions 			



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This task: was successfully completed ____ needs to be tried again ____

Learner Comments

Instructor (print)

Learner Signature